
THE WATER MANTRA

Sacred Practice for Purification, Womb Energy and Emotional Healing

**Om Kluum Dhluum Jum
Kanakan Durgamba
Om Kluum Dhluum Jum Hum
Kanakan Durgamba
Durga Devi Prasaanam**

Elemental Essence: Flow, emotional purification, womb energy

*Angelic Current: Angels of compassion and healing
They regulate the heart flow, wash karmic impressions,
and connect directly with the womb of Mother Divine*

*Based on the teachings of Sri Kaleshwar
Enriched with Sacred Womb Oil practices*

WATER - JALA

Water is an enormous force on this planet. Look at the power of the ocean, a waterfall, the rapids of a river. Enormous energy manifests there. It is God's creation - a perfect cycle of water flowing throughout the planet, supporting all life.

"If there is no water, there is no creation by God." - Sri Kaleshwar

THE ANGELS OF THE WATER ELEMENT

Angelic Current: Angels of Compassion and Healing

Their work:

- Regulate the heart flow
- Wash away karmic impressions
- Connect directly with the womb of Mother Divine

Practical effect:

Water angels help in cleansing:

- Heartbreak and heartache
- Depression and emotional trauma
- Restoring inner peace

MOTHER DIVINE AND WOMB ENERGY

Water is also the Mother Divine, the nurturing energy. This energy flows in the oceans, lakes and rivers - channels of energy. In India, the great rivers are considered goddess energies. In the water mantra, Durga, the Mother Divine, is called upon. Her energy connects directly with the sacred womb - the creative source of all life.

Mother Divine is always bathing, using rose water as a fragrance - she creates peace and calm. She has enormous depth, but is still very calm and peaceful. Even though she is the essence of energy, of an enormous Shakti, she is very peaceful.

THE FIVE ELEMENTS - PANCHABHUTAS

Wherever you go, you must always remember the panchabhutas. In Sanskrit, panchabhutas means five elements. Another meaning is five challengers - forces that transform and purify us. There are two different meanings.

After a certain stage, at a certain point of connecting the five elements to your soul, you automatically hook the five elements' energy. If you want to heal someone you can send unbelievable energy, tons of love, just by looking at the person with your eyes. Your entire body becomes like a five elements body, like a panchabhutas body.

"Without heat, can a normal human body live in the world? Without water can the body live? Without the flesh of the body, which is like the earth, is it possible? Without air, is it possible? Without our brain, our Brahma consciousness, is it possible to live? Everything is a percentage of heat, water, air, earth and sky. Everything is fixed in our body. It is made from the elements." - Sri Kaleshwar (Paramashiva)

ORDER OF THE ELEMENTS

Important for your practice:

1. Start with FIRE or EARTH (choose one)
2. Complete 41 days before moving to the next element
3. After about a week you can begin Womb Chakra work
4. Complete both FIRE and EARTH before moving to ETHER or WATER
5. AIR MUST ALWAYS BE LAST

With consistency you can complete all 5 elements in 4-5 months.

If you feel guided, after Earth and Fire, you may do Water and Ether simultaneously.

Always follow your own intuition - your Higher Self knows best.

THE WATER ELEMENT MANTRA

Om Kluum Dhluum Jum

Kanaka Durgamba

Om Kluum Dhluum Jum Hum

Kanaka Durgamba

Durga Devi Prasaanam

There are more mantras connected to water in the teachings of Sri Kaleshwar. I chose this mantra because I found it very powerful and the connection with Mother Divine Durga is especially strong for working with the Sacred Womb Oils.

PRONUNCIATION TIPS

- Om - Sounds like 'Ohm', the universal sound
- Kluum - 'Kloom' with a prolonged 'oo'
- Dhluum - 'Dhloom' with soft 'dh' and long 'oo'
- Jum - Short 'jum'
- Kanaka - 'Ka-na-ka' with emphasis on first syllable
- Durgamba - 'Door-gam-ba'
- Hum - Short 'hoom'
- Prasaanam - 'Pra-saa-nam' with long 'aa'

YOUR MALA FOR THE ELEMENTS

Make sure you create your own mala for the elements with 108 beads. This mala becomes specially charged with the energy of your mantra practice and is sacred.

Important mala instructions:

How to chant:

- Use your thumb and middle finger to move the beads
- NEVER touch the mala with your index finger - the index finger discharges the power of the mantra

Protect your mala:

- Never get your mala wet under the tap
- Water discharges your mala and washes it clean and empty
- All your energy stored in the mala will be washed away

What you can do:

- Bless your mala with Sacred Womb Oil
- This charges and protects your mala
- The oil strengthens the sacred connection

THREE WAYS TO PRACTICE

OPTION 1: VISUALIZATION

Water is all around us. You can teleport in your mind and visualize that you are sitting in water or that you feel water. This is a powerful method when you don't have access to physical water. Close your eyes, breathe deeply and feel how the water surrounds you, purifies and heals you.

OPTION 2: PHYSICAL WATER

Practice in the shower, bath, lake or swimming pool. Make sure at least 90% of your body is under water. This is the most direct way to work with the water element.

OPTION 3: SACRED WOMB OIL RITUAL

The Most Elevated Practice

One of the most beautiful ways to practice the Water Mantra is with the **Sacred Womb Oil with Blue Lotus**.

Preparation:

1. Anoint your mala (prayer beads) with the Sacred Womb Oil
2. Anoint your forehead (third eye) with the oil
3. The geometric codes in this special oil strengthen your connection

Blue Lotus properties:

- Opens the third eye and crown chakra
- Connects with Mother Divine energy
- Enhances dreamwork and visions
- Activates sacred womb energy

THE SECRET OF WATER AND OIL

Just as water can be charged with sacred vibrations, so can your Sacred Womb Oil be charged. It has been scientifically proven that water copies itself - water has memory and absorbs the frequencies and information of everything it comes in contact with. This principle also applies to oil!

The Memory of Water and Oil

Water and oil have the ability to store and copy energetic information. When you chant the Water Mantra in the presence of your Sacred Womb Oil, the oil becomes charged with the same sacred vibrations.

This means:

- Your oil becomes a carrier of Mother Divine energy
- The geometric codes in the oil are activated
- Every time you use the oil, you receive the mantra vibrations
- The oil becomes a living sacred object

ROSE WATER RITUAL

A beautiful addition to your Water Mantra practice is spraying rose water while you chant the mantra. Mother Divine is always associated with roses and rose water - she bathes in rose fragrance for peace and calm. By spraying rose water you create a sacred space and invite her presence.

Rose Water Practice:

- Spray rose water around you before you begin
- Spray on your heart chakra and crown during chanting
- The fragrance opens your heart to Mother Divine
- Combine with Sacred Womb Oil for enhanced effect

BLUE LOTUS - ANCIENT WISDOM

The Blue Lotus has been connected to the water element since ancient times. This sacred flower grows in water and was revered by ancient civilizations who understood the power of water and consciousness expansion.

Egypt - Nymphaea Caerulea

The Blue Lotus was sacred to the ancient Egyptians. It was depicted in temples, tombs and papyrus scrolls. The Egyptians used the flower for:

- Connection with the gods, especially Ra and Osiris
- Opening the third eye
- Ceremonial rituals and rebirth symbolism
- The lotus rising from the primordial water Nun symbolized creation

Maya Civilization

The Maya also knew the power of water lilies and lotus flowers. They used these for:

- Shamanic rituals and visions
- Connection with the water world and underworld (Xibalba)
- Ceremonial use by priests and priestesses
- Access to higher states of consciousness

By using the Sacred Womb Oil with Blue Lotus during your Water Mantra practice, you connect with these ancient wisdom traditions and activate the same sacred frequencies that have been used for thousands of years for spiritual transformation.

INSTRUCTIONS FOR CHARGING THE MANTRA

Duration:	41 days
Repetitions:	108 times per session
Time:	Any time of day
Location:	Shower, bath, lake, swimming pool or visualization
Body position:	90% of your body in water (or visualize this)

STEP-BY-STEP WITH SACRED WOMB OIL

1. Preparation: Spray rose water around you to create a sacred space
2. Anoint your mala and forehead with Sacred Womb Oil with Blue Lotus
3. Place your bottle of oil next to you so it gets charged during the practice
4. Enter the water (physically or through visualization) - feel the water around you
5. Centering: Take deep breaths. Open your heart to Mother Divine energy
6. Intention: 'Let me learn to know the water element as the ancestors and saints once did. Let me remember the cosmic power of water so that I may heal myself and others.'
7. Chanting: Repeat the mantra 108 times with your mala (20-30 minutes)
8. Closing: Remain still. Feel the energy flowing. Thank Mother Divine

"You should do the water mantra every day in the shower. You are purifying yourself, you are washing out, you are decharging." - Sri Kaleshwar

IMPORTANT WARNINGS

STOP IMMEDIATELY if it starts to rain!

If you do the mantra in the rain, you lose much of your command over the water element. The energy circles you create are not strong or effective, and it will diminish your future command over the element.

OTHER IMPORTANT POINTS

- NO OCEAN: Do NOT do the mantra in the sea - this water is too vast, you lose your energy
- Rain: If it starts to rain while in open water, STOP immediately. Resume only when the rain stops
- Respect: Do not try to dominate the elements. Bow your consciousness. Surrender
- Visualization: As an alternative you can always visualize being in water
- Bath tip: Add sea salt, rose water or a few drops of Sacred Womb Oil to your bath water for extra powerful healing

"Do not play games with the five elements. Respect the elements." - Sri Kaleshwar

SYMPTOMS WHEN YOU ARE CHARGED

When the water element is fully charged in you, you will experience certain symptoms that indicate you are attuned to the energy of this element:

- You feel very sleepy and drowsy
- A deep calm and peace descends upon you
- You feel like electricity - others can feel this when they touch you
- Increased intuition and dream clarity
- Emotional blockages dissolve

BENEFITS OF THE WATER MANTRA

MENTAL/EMOTIONAL HEALING	PHYSICAL HEALING
Depression Heartbreak / heartache Emotional trauma Psychiatric problems Karmic impressions Inner turmoil	Body pain Severe headaches Bone pain Physical tension Fatigue Heart problems

"The water washes the negative emotions very powerfully." - Sri Kaleshwar

WOMB CHAKRA AND WATER ELEMENT

The water element has a special connection with the Womb Chakra - the sacred center of creation in the body. The angels of the water element connect directly with the womb of Mother Divine. By practicing the water mantra you activate this sacred connection.

The Womb Chakra Activation

After you have been working with your first element (Fire or Earth) for about a week, you can begin Womb Chakra work parallel to your elements practice.

The Water Element strengthens:

- Connection with the Cosmic Womb
- Emotional purification and rebirth
- Creative life force
- Intuitive wisdom of the feminine

The Sacred Womb Oil with Blue Lotus is specially formulated to strengthen this connection. The geometric codes in the oil resonate with the frequency of Mother Divine.

THE POWER OF DECHARGING

In water we naturally become peaceful, our mind is calmed. The water pulls out our negativity and balances our emotions. Imagine: you have nervousness, fatigue, depression - your body aches. After a warm bath of 30 minutes everything is simply washed away; you come out with a fresh mood.

REVERENCE FOR SACRED WATER

Be respectful of water. This knowledge is open to those who have reverence for the sacred water of Mother Earth. Water is life, water is consciousness, water carries the memories of our ancestors.

These mantras have awakened the Sacred Womb Oils to life. I am eternally grateful for my deep conversations with the oil thanks to completing the mantras.

I am grateful to my guide from Soulbasedlife369 for passing on this beautiful knowledge.

DEEPENING AND INITIATION

This information is essential if you want to learn to work with the Sacred Womb Oils and learn to initiate them. For further deepening:

- Read the books of Sri Kaleshwar
- Take a course with a recognized teacher in the Divine Lineage
- Soulbasedlife369 offers beautiful trainings if you want to go deeper with the mantras
- Visit www.sacredwomboils.com for more information about the Sacred Womb Oils

BLESSINGS ON YOUR PATH

May Mother Divine, Durga, bless you with her healing energy.

May the water element purify you of all negativity and karmic impressions.

May the angels of compassion wash your heart and restore inner peace.

May you receive the highest vibrations for healing of body, mind and soul.

**Om Kluum Dhluum Jum
Kanaka Durgamba
Om Kluum Dhluum Jum Hum
Kanaka Durgamba
Durga Devi Prasaanam**

*Everything here is a guideline.
Your Higher Self in the Core Worlds always knows best.*

*Based on the teachings of Sri Kaleshwar - 'Gifts of Sri Shirdi Sai Baba' and 'Paramashiva'
Enriched with Sacred Womb Oil practices*

© Sri Kaleshwar

www.sacredwomboils.com

Disclaimer: The mantras in this guide come from the public Vedic tradition and have been passed down through the teachings of Sri Kaleshwar. This guide is intended as a personal study aid and contains the author's own interpretations, experiences and additions, including the integration with Sacred Womb Oils. For the original, complete teachings please refer to the books of Sri Kaleshwar and recognized teachers in the Divine Lineage. This guide is not intended to replace professional medical or psychological advice.