
THE ETHER MANTRA

Sky/Heaven - Shiva Energy for Cosmic Connection and the Clearing of Illusion

**Om Lingastakam Needum Punyam
Yaha Patay Shiva Sanni-dhow
Shiva Loka Mavap Noti
Shivayna Saha Mogatay**

Elemental Essence: Infinity, cosmic energy, that which moves and transports us

Angelic Stream: Direct connection with Shiva and the cosmic angels

Connected sound: YA - the infinite expanse

This is NOT air (wind) - this is Sky/Heaven, boundless and infinite

*Based on the teachings of Sri Kaleshwar
Enriched with Sacred Womb Oil practices*

WHAT THIS MANTRA DOES FOR YOU

This is the rarest of the five elements. Ether/Sky is connected to **Shiva energy** - the infinite, boundless cosmic force.

COSMIC CONNECTION	ANGEL COMMUNICATION
<ul style="list-style-type: none">• Direct connection with Shiva• Boundless cosmic energy• Sixth sense development• Soul purification• Magnetizing energy circles• Clearing of all illusion	<ul style="list-style-type: none">• Receiving telepathic thoughts• Hearing voices of nature• Sending messages over long distances• Manifesting and transporting objects• Communication with different energies• Communication with Sacred Womb Oil

The sky is Shiva, Shiva is the sky.

The boundless field of pure consciousness in which all forms appear and dissolve again. He completely covers this galaxy and all galaxies beyond with unimaginably enormous energy.

It has no limit. That is why the Vedic tradition compares Shiva energy to the infinite sky (space).

RETURNING TO THE SPACE WITHIN

The element Ether is the **space** in which everything exists. It is silence before thought, the field in which sound moves, the invisible web that connects body, soul and consciousness. Where fire gives direction and earth gives form, Ether is the space that makes it possible. It is subtle, but fundamental.

Yet we have often lost contact with Ether.

We live in the rhythm of schedules, screens, obligations and constant stimuli. Our consciousness is stuck in thinking, planning and reacting. We identify with the daily story and forget the space behind it.

Because of this we sometimes feel disconnected from our body, from silence, from inner guidance. Not because it is not there, but because **no space is experienced anymore** to hear it.

WHEN THE CONNECTION WITH ETHER WEAKENS

When the connection with Ether weakens, life feels heavy and dense. Everything becomes matter, everything becomes task. We can be overactive in our head or numbed in our body. There is little inner space, little overview. We get entangled in details and lose the larger field of meaning.

WHY RECONNECT WITH ETHER?

Because you long for space. For clarity. For the feeling that you are carried by something greater than your to-do list.

Ether reminds you that you are not just a body, but a consciousness that *inhabits* a body. It opens the awareness that silence exists beneath every thought, and that in that silence lies direction.

HOW DO YOU RESTORE CONTACT WITH ETHER?

- By consciously **creating space**
- By **allowing silence** instead of filling it
- By **mantra or sound**, because sound moves in Ether and opens the field
- By breathing that does not control, but **softens**
- By moments **without phone, without goal, without achievement**
- By relaxing your crown and heart and simply **being present**

Ether does not require effort, but receptivity.

It is not something you force; it is something you **recognize** when you slow down. When you feel space again in your body, in your chest, in your head, connection arises.

Then you experience that you are not stuck in daily life, but that daily life takes place in a **larger field of consciousness**.

*Connecting with Ether means **coming home to silence**. It means living with space instead of trapped in form. It is the remembrance that you are carried by a subtle, intelligent field — and that you always have access to it, as soon as you are willing to become still for a moment.*

ETHER/SKY - NOT TO BE CONFUSED WITH AIR

This is absolutely NOT air/wind!

AIR (Vayu) = wind, movement, breath - the element that blows and flows

ETHER (Akasha/Sky) = the infinite sky space - the field in which EVERYTHING exists, including the air

Ether is **space** itself. It is the emptiness between the stars, the silence in which sound can exist, the canvas on which creation takes place. It is not something that moves - it is that in which movement is possible.

Do not confuse these two. Ether/Sky takes you beyond what you can see - to the infinite cosmic space.

ETHER - THE RARE ELEMENT

Ether is the rarest of the five elements. Sky/Ether is connected to Shiva energy. It is that which moves and transports us. The sky (space) is a great unbound energy - there is no limitation.

When do we activate Ether?

- When we are in the constellation **Ophiuchus** (the Serpent Bearer)
- When **Venus is retrograde**

At these moments we connect with Ether and sing this mantra. The cosmic gates are then wider open.

THE CLEARING OF ILLUSION

This mantra clears all illusion that hangs in the sky space.

During our death we break away from the illusions of the earth. This mantra is powerful to say: "Clear all illusion, and everything I am connected to, so I can move on to Source energy."

We have Shakti and Shiva - the earth and the sky (heaven). But as long as you are still in the earthly consciousness of matter and possessions (low desire), you will have difficulty connecting with this.

COMMUNICATION WITH THE SACRED WOMB OIL

Communicating with the oil will be much easier if you connect yourself with this mantra.

The oils are dedicated to these mantras. If you want to activate the Womb Mantra, it is best to have at least the Fire and Earth mantra activated. Water, Air and Ether are extra - but Ether opens the communication with the oil on a deeper level.

You can achieve great things with this energy, with your gifts and abilities. It takes you beyond what you can see.

ETHER - AKASHA

Through the sky space (Ether) you can connect with the angels. You can obtain the highest healing power. You can prepare yourself, change yourself. You have a direct connection with Shiva. You can achieve great things through the Shiva energy.

The Ether mantra belongs to Shiva, to the Shiva energy. It is the prayer of Shiva. He completely covers this galaxy and all galaxies beyond with unimaginably enormous energy, enormous cosmic energy. It has no limit. That is why the Vedic tradition compares Shiva energy to the infinite sky (space). It is boundless, infinite.

The Infinite Energy of Shiva

The sky space is immeasurably large. There is no explanation for it. When you start to concentrate on the sky, on Shiva, you must please him, you must touch him with your heart. You must make this connection with him to absorb his energy.

When you start to meditate and meditate and meditate, you can feel the light growing within you. When your soul begins to attract energy like a magnet, then you can automatically absorb the cosmic energy, the Shiva energy.

COMMUNICATING WITH THE ANGELS

What are angels? They are reservoirs of energy, consciousness forms, plasma fields - streams of living light and consciousness. There is no structure to the energy. The energy is The Source. The energy is full of light. The light is The Source. Angels are like a whirlwind or vortex of energy in nature.

When this energy appears to you:

- You feel weight
- You cannot see the vortex but you feel the magnetic force
- It is the warmth that draws the energy to your body like a magnet

In nature you can identify many of these reservoirs of consciousness. This cosmic energy vibration circulates like a ball - streams of living light moving through all of nature.

ORDER OF THE ELEMENTS

ELEMENT	FINGER	SOUND
Earth (Prithvi)	Thumb	NA
Fire (Agni)	Index finger	MA
Water (Jala)	Little finger	SI
Air (Vayu)	Ring finger	VA
Ether (Akasha)	Middle finger	YA

Important for your practice:

1. Start with FIRE or EARTH (choose one) - these are the most important
2. Complete 41 days before moving to the next element
3. Water, Air and Ether are extra
4. **AIR MUST ALWAYS BE LAST**
5. Ether you activate at special moments (Ophiuchus, Venus retrograde)

Always follow your own intuition - your Higher Self knows best.

Scientific perspective:

A scientist would describe a mantra as a series of encoded sound atoms that build up and structure energy through focused repetition and resonance. The specific frequencies and vibrations of the sounds create a coherent energy field that has measurable effects on the cellular and molecular structure of the body - similar to how sound waves can arrange water droplets into geometric patterns (cymatics).

THE ETHER ELEMENT MANTRA

The Prayer of Shiva - Direct Cosmic Connection

Om Lingastakam Needum Punyam

Yaha Patay Shiva Sanni-dhow

Shiva Loka Mavap Noti

Shivayna Saha Mogatay

THE ESOTERIC MEANING

"Om Lingastakam Needum Punyam"

The sacred pillar of light, the cosmic axis around which all creation revolves, the gateway between worlds.

"Yaha Patay Shiva Sanni-dhow"

In the presence of the Great Silence, where form dissolves into the formless, where sound returns to the primordial source.

"Shiva Loka Mavap Noti"

Reaching the dimension of pure consciousness, beyond the veils of maya, where the soul recognizes its true nature.

"Shivayna Saha Mogatay"

Complete surrender to the infinite, the dissolving of the separate self into the ocean of cosmic consciousness. The ultimate liberation.

The sky is Shiva, Shiva is the sky - the boundless field of pure consciousness in which all forms appear and dissolve again.

THE MIDDLE FINGER AND THE SOUND YA

Associated finger:	MIDDLE FINGER
Connected sound:	YA
Energy:	Shiva - boundless cosmic energy
Practice:	At any time, best in nature, alone and quiet
Special activation:	Ophiuchus (Serpent Bearer) and Venus retrograde

INSTRUCTIONS FOR CHARGING

Duration:	Minimum 41 days (no limit - months or years)
Repetitions:	Minimum 108 times per session
Time:	At any time of day
Location:	Best in nature, alone and quiet
Special moments:	Ophiuchus (Serpent Bearer), Venus retrograde

Important: There is no limit to this mantra.

You can continue for months or years, however long it takes for the angel souls to appear to you. It takes on average six months to two years, maximum.

STEP-BY-STEP

Ether does not require effort, but receptivity.

It is not something you force; it is something you recognize when you slow down. Listen to your body and follow your own rhythm.

1. Find a quiet place in nature, alone and quiet
2. Check if it is a special moment (Ophiuchus, Venus retrograde)
3. Anoint your forehead (third eye) with Sacred Womb Oil
4. Anoint your mala with Jasmine, Elemi, Myrrh and Myrtle oil
5. Sit comfortably, take deep breaths
6. Open your heart to Shiva, to the cosmic energy
7. Intention: 'Let me connect with the infinite energy of Shiva. Open the communication with the angels. Clear all my illusion-nets.'
8. Chant the mantra at least 108 times with your mala
9. Remain still and feel the cosmic energy around you
10. When your body starts to shake - that is the sign that you have received a circle of energy

SACRED WOMB OIL RITUAL

The oil cannot be without the elements.

The mantras activate YOU so that you can activate the oil. Sing the mantra into the oil, connect yourself with it. The Sacred Womb Oils come to life when you are charged with the elements - and Ether opens the gate to the cosmic dimensions.

Preparation:

- Anoint your forehead (third eye) with Sacred Womb Oil
- Anoint your mala with the ether-connecting oils
- Place your bottle of oil next to you in nature to charge together
- Sing the mantra INTO the oil - connect yourself with it

Ether-connecting oils:

- **Jasmine** (cosmic connection, spiritual opening)
- **Elemi** (etheric connection, purification)
- **Myrrh** (sacred burning, protection)
- **Myrtle** (spiritual protection)

YOUR MALA FOR THE ELEMENTS

How to chant:

- Use your thumb and middle finger to move the beads
- NEVER touch the mala with your index finger - this discharges the power of the mantra

Protect your mala:

- Never wet your mala under the tap - this discharges it
- Bless your mala with Sacred Womb Oil to charge and protect it

SYMPTOMS WHEN YOU ARE CHARGED

- You feel a **FORCE SPIRALING THROUGH YOUR BODY** - very powerful
- You feel a trance-like, dreamy state
- Your sixth sense grows enormously
- Your body starts to **SHAKE** - this is the sign that you have a circle of energy
- You feel full of abundant energy
- Thoughts flow and you hear voices of nature
- Telepathic communication opens up
- Communication with the Sacred Womb Oil becomes much easier

Sky gives us gifts that are for OURSELVES.

It is not convenient to use this energy for others. Keep the sky energy for yourself. Take it higher and higher and higher. The other elements you can use to heal people. But the boundless, unlimited energy of the sky you do not need to use on others.

What Sky gives you:

- Communication with the angels
- Telepathy - this energy teaches you telepathy, very powerful
- Communication with the Sacred Womb Oil
- You can do this mantra for YEARS until you really have contact with your angels

WOMB CHAKRA AND ETHER ELEMENT

Ether is the element closest to the source. It opens the gates to cosmic dimensions and angel communication. The Sacred Womb Oils reach their full potential when all elements are activated - with Ether as the crown that opens the connection to the infinite.

The Ether Element opens:

- Cosmic communication
- Angel connection
- Sixth sense development
- Telepathic abilities
- Connection with Shiva energy
- Access to infinite wisdom

These mantras have brought the Sacred Womb Oils to life. I am eternally grateful for my deep conversations with the oil thanks to completing the mantras.

I am grateful to my guide from Soulbasedlife369 for this beautiful knowledge.

FURTHER STUDY

- Read the books of Sri Kaleshwar
- Soulbasedlife369 offers beautiful trainings for deepening with the mantras
- Visit www.sacredwomboils.com for the Sacred Womb Oils

BLESSINGS ON YOUR PATH

*May Shiva bless you with infinite cosmic energy.
May the angels communicate with you.
May all your illusion-nets be cleared.*

*Connecting with Ether means coming home to silence.
It means living with space instead of trapped in form.*

Everything here is a guideline. Your Higher Self always knows best.

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Disclaimer: The mantras in this guide come from the public Vedic tradition and have been passed down through the teachings of Sri Kaleshwar. This guide is intended as a personal study aid and contains the author's own interpretations, experiences and additions, including the integration with Sacred Womb Oils. For the original, complete teachings, please refer to the books of Sri Kaleshwar and recognized teachers in the Divine Lineage. This guide is not intended as a substitute for professional medical or psychological advice.